

HELPING OUR HEADS

A PLAN OF ACTION

MCALMONT MEN'S CONFERENCE / MARCH 21-22, 2020



EFREM
NEELY



LAMONT
ROSS



ELMER
LONDON



DR. THOMAS
JACKSON



TRACY
STEELE



RIZELLE
AARON



JAMEEL
ROBINSON



DR. TOMMY
LOVE

SATURDAY - MARCH 21, 2020

7:45AM -8:15AM: REGISTRATION / 8:15AM – 9:00AM: BREAKFAST

- 9:00am – 10:00am / CONFERENCE WORKSHOPS (For All Attendees)
Workshop A: Physical Health Help (Dr Tommy Love - Central Medical Group)
Workshop B: Financial Help: Insurance And Investments (Elmer London)
Workshop C: Mental Health Help (Dr Thomas Jackson, Psychology)
Workshop D: Heads Up Youth (Jameel Robinson, Minister)
- 10:10am-10:50am / Spiritual Medicine For Men And Youth (Lamont Ross, Counseling, Min)

- 11:00am-12:30pm / PANEL DISCUSSION (Questions And Answers)
FACILITATOR: MICHAEL WILLIAMS AND ROBIN MITCHELL
PANELISTS: Dr Tommy Love, Elmer London, Dr Thomas Jackson, Jameel Robinson, Lamont Ross, Tracey Steel, Rizelle Aaron, Attorney Efrem Neely,
- 12:30am / LUNCH

SUNDAY - MARCH 22, 2020

9:00AM – 9:50AM / WORKSHOPS

- A: ADULTS – SANCTUARY: *HELPING OUR HEADS (SPEAKER - LAMONT ROSS)*
B: YOUTH - MULTIPURPOSE BLDG.: *HEADS UP FOR FINANCE – PLANNING FOR YOUR HEADSHIP (SPEAKER - ROBIN MITCHELL)*
10:00AM / WORSHIP
MESSAGE BY LAMONT ROSS

1824 E. 46TH STREET / NORTH LITTLE ROCK, AR 72117 / OFFICE# 501.945.7331

(PRE-REGISTRATION AVAILABLE VIA THE WEB, WWW.MCALMONTCOC.ORG.)

